



Member Handbook

(Incorporating General Club Rules)

Constantia Sports Centre
Constantia Main Road
Constantia
Cape Town

Clubhouse

Cell: +27 66 443 5191

Support (admin/queries)

WhatsApp (Text Only): +27 68 381 5322

Email: admin@constantiatennisclub.co.za

Finance

Email: accounts@constantiatennisclub.co.za

Café & Bar – Venue Hire / Tennis Pro-Shop

Cell: +27 78 084 8152 / +27 82 403 1916

Email: TBC

Coaching Academy

Cell: +27 82 403 1916

Email: cwpotterton@gmail.com



Your CTC Tennis Committee

Committee Members 2026 >	
Ray Stuart-Steer	Chairperson
Vacant	Vice-Chairperson
Hugo Steyn	Honorary Treasurer
Lesley Parolis	Honorary Secretary
Chris Potterton	Club Captain & Match Secretary (Men's)
Lee Thomson	Match Secretary (Ladies)
Chris Potterton	Juniors & Coaching Academy (TAST)
Lee Thomson	Ladies Morning League (Representative)
Lynn Lillie	Social & Club Events Convenor
Ron Larsen	Club Maintenance
Duty Members	Saturday Tennis Social
Tim Colman	Club Member Administration
Courtney Anderton	The Court Side Café & Bar & Venue Hire
Chris Potterton	The Racquet Shop & Club Operations



YOUR Tennis Club

Congratulations and a warm welcome to becoming a member of The Constantia Tennis Club. The location is unmatched, in the beautiful Constantia Valley, in the southern suburbs of Cape Town. Enjoy the spectacular setting, camaraderie, fun, social, and competitive tennis. We have a great venue, nine excellent hard courts, and tennis programs for all ages. We promise you will enjoy your tennis, and please join us later for a sundowner in our friendly Café and licensed bar. Browse the latest Tennis apparel, rackets and accessories including a re-stringing service from the on-site Tennis Pro-Shop.

Mission

Constantia Tennis Club is here to provide a happy atmosphere for all members to enjoy playing tennis. It welcomes players of all ages and from all sections of the community. It provides competitive tennis and encourages the involvement of all members as well as embracing the greater community including schools, sporting bodies, businesses, and tourist outlets. It caters for morning and afternoon play and is affiliated to the wider tennis community of South Africa. It welcomes new members and encourages coaching at all levels. It provides entertainment and friendship for all its members with excellent facilities, online court bookings, and administration.

Playing times and clubhouse hours

With a court key, obtainable from our Operations Team at the clubhouse at a nominal cost, members can play at any time. The busiest times are Tuesday-Thursday from 4 pm until dusk, and Saturday social from 2 pm until dusk. Whenever the courts are full, doubles take preference. League competition takes place Saturday afternoons during league season (but social tennis continues for the rest of the members). The clubhouse is open seven days per week from 9am until scheduled closing times.

Social tennis

We encourage you, as soon as possible and no matter what your standard of play, to come to our Saturday Socials, which run every Saturday from 14h00 to around 17h00. This is the best way to meet other members and for us to get to know you. The Club has a committee member(s), who convenes the Saturday social arrangements. See the Social tennis system and rules, which may be adjusted from time to time. (See Page 8 & 9)

League tennis

Men's/Ladies/Mixed Saturday League

Constantia Tennis Club has one of the largest membership bases in the Western Cape and we usually submit the highest number of teams to play in the League(s).

League is a terrific way to improve your level of play, and we encourage you to put your name forward for one of our teams, even if it is a replacement. Our coaches, under the [Tim](#)

Armstrong School of Tennis, have an excellent reputation and are sure to help you iron out your game if you require.

CTC as a club participates in the Western Province Tennis (CTT) league(s), involving thirty-nine different clubs.

The singles and doubles league for men's and ladies starts in August/September each year and runs for an 8-10-week period. The mixed doubles and doubles league begins in February each year, also for an 8-10-week period.

CTC enters and organizes several teams in these leagues. Teams cater for A, B, and C level players, and CTC competes in levels from Premier League to various competitive levels of league structures for Western Province Tennis (CTT).

New members who wish to participate must please contact:

admin@constantiatennisclub.co.za

Ladies' Morning League and Social

The Ladies' Morning League tennis section is perfect for ladies who enjoy playing morning tennis during the week. Ladies play on Tuesday and Thursday mornings from 9am to 11am. Our league season runs from February-May and August-November. We currently have about fifty ladies playing. Tennis is competitive and fun.

Juniors

The club has a strong junior section, which is actively supported by our professional coaches. The Junior Section has its own tennis structures, and of course as juniors improve, they are gradually integrated into the Senior Section. For playing times, please contact Chris Potterton (Junior Tennis Coordinator), on (mobile) 082 403 1916. For instructions, see "Coaching," below.

Veterans

Many CTC members are regular players in the Cape Town Tennis veterans' tournaments. See www.cttennis.co.za to register as a CTT Tennis player, or contact CTT Tennis headquarters, on 021 686 3055. CTT (Cape Town Tennis) hosts two tournaments a year, in January and May.

Visitors

[Non-members](#) may play provided they register and have paid the required **visitors' fee per player**. [Members](#) who invite a visitor are responsible for collecting the visitors' fee. We do, however, limit the number of visits to a maximum of three for any individual visitor before we request that the visitor joins the club as a full member.

Lights

There are three courts with high quality LED floodlights. You may play on these courts, provided booking procedures are followed. The cost is R60 per booking per court.

Court Keys

One key fit all our courts. For a deposit of R65, you will be issued with a key which will allow you to play at any time, subject to the standard booking rules. We do require that you **lock** the court again when you leave.



Club Access Control

All paid-up members will be provided access to the Club property via a Access Control App which is linked to the member cell (mobile) number. It is required that every member who uses this access system takes due care in ensuring that on entry and exit that the Access Gate is fully closed. Leaving the Gate ajar poses numerous risks to the Club , staff and its members and therefore system access rights can be withdrawn and further consequences to members who do not comply with the rule can be imposed.

Payment methods

Cash and electronic payments(preferably) are accepted. Please refer to relevant signage at the club house entrance and/or at the Clubhouse.

Balls

The club provides new balls for our league matches played in season. These balls must be returned along with score sheets to the bar after play. Member Player contribution towards Balls and provision of eats/snacks for League matches is determined by the Committee from time to time.

On Saturday afternoon social tennis balls will be supplied for use per court occupied.



Members are requested to provide their own balls for any play. The club does not lend out balls at all, but good Second-hand balls (3 per tin) can be purchased from the bar. New balls are also available for purchase from the Tennis Pro-Shop at competitive rates.

Pub and treats

The club has a fully licensed cash bar and Cafe. ([The Court Side Café & Bar](#))

Wines, liquors, soft drinks, sports drinks and light meals, deli items and snacks are available.

- The Bar and Café is open 6 ½ days per week and services all requirements for events, league, social events and daily light meals, snacks, and great coffee.
- We also have braais and functions at the club house and All members are welcome.
- **Free Wi-Fi** is available to all members and visitors.



General Club rules

- a. Only non-marking tennis shoes are permitted on the court.
- b. A dress code based on recognized tennis apparel only to be worn on court.
- c. No shirtless play is permitted; vests or beachwear are permitted on court.
- d. **Visitors' fees** are to be paid to the club in advance before playing. Members are responsible for ensuring visitor fees are paid for their guest players.
- e. All Litter is to be removed from the court after playing.
- f. The use of chewing gum and/or damaging substances is prohibited during court use.
- g. No dogs are allowed on the tennis courts. Pets brought onto the property are limited to always being controlled on a leash and not allowed within the Clubhouse.
- h. Members are to use only their booked court number.

- i. After Court use it is required that the member ensures that the Court Gate is closed.
- j. If your booking is no longer required, members are required to cancel the booking system, to allow others access to the court's availability.
- k. Timeous arrival for booking is essential, and a no-show booking abandonment will apply after 10-15 minutes of booked time.
- l. The court must be vacated on time at the end of your booked session, to make way for the next booking session.
- m. No court bookings may be made by a member for external coaching lessons.
- n. Switch floodlights off after use. Floodlight use is subject to an hourly fee.
- o. Respect fellow members and ensure ethical play.
- p. CTC complies with TSA and any Government regulations regarding COVID protocols. Please familiarize yourself with any rules posted on the website and Notice Boards.
- q. All members and their guests must obey the Club Rules and further abide by the requirements prescribed in the Club Constitution.

Court reservation procedure

Members are required to book a court to play for an hour and a half. Please visit <https://constantiatenniscub.openactive.co.za/register/> and click on the court booking option to reserve a court. The web page is also smartphone friendly and therefore you may also book from your smartphone. Booking for the week opens one week ahead. Username is your email address, and the password is "booking"

Coaching

The club strongly supports coaching for all members and particularly for junior players. We have an agreement with Chris Potterton who runs the junior group coaching and the club's Junior Section. Our junior coaching runs for a 9-week cycle during school terms. Fees are available on request from the Coaching team.

Ladies' group coaching is available in the mornings as well as private lessons.

We have integrated our juniors into the Western Province Tennis (now CTT) mixed and singles leagues, which encourages our juniors to improve their games and gives them the wonderful experience of playing competitively with adults.

For more information, call Chris Potterton on (mobile) 082 403 1916.

Partners

To provide all members, visitors, and tournament players a holistic, convenient, and social lifestyle experience in our love for Tennis, we have partnered with various professional service providers. These include Coaching services available to all members, the greater community, including surrounding schools, foreign visitors, and all potential beginners/prospective new members.

In addition to this we offer a complete food & beverage service providing light meals and fancy treats from the **Court Side Café** as well as having a fully licensed bar, open 6 ½ days per week.

A Tennis Gear Pro-Shop at the Club (including an on-line shopping convenience), with professional guidance available, demo rackets to try before purchase and the one-stop availability of top branded quality tennis apparel, equipment, accessories, and re-stringing services that you are unlikely to find anywhere so conveniently in the current retail environment.



Our Club Partners

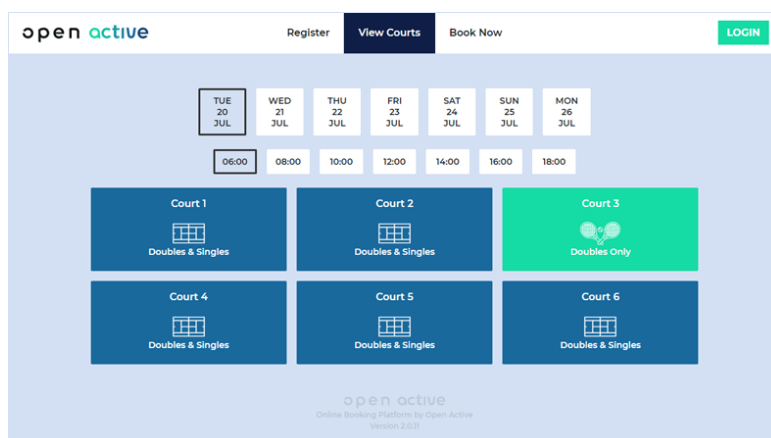
Club Café, Bar and Tennis Pro-Shop



Coaching



Open Active Booking System



Social Tennis System & Rules (>2024)

“Constantia Tennis Club Social Tennis is about playing competitive tennis in a friendly and inclusive atmosphere. This should be underpinned by a fair set of rules that all Members abide by.”

System & Rules

1. To take part in Social Tennis players must be able to reliably serve, return serve, and rally.
2. The club welcomes beginners, new members and/or visitors to Social Play and wants the experience to be friendly and inclusive.
3. A nominated member of the Club will perform the function of Duty Member, who will manage and control the activities of the social tennis on the day assigned (normally Saturday afternoons).
4. A social tennis Duty Member will make a suitable call to assign players during the social period in a balanced fashion considering levels of competency, player rotation, strength, mixed, winner-loser method, etc. based on their knowledge of players and experience.
5. During Tournaments and League, a duty member is not assigned to run the Social Saturday event and would be that those members playing Social arrange play amongst themselves.
6. Players waiting to play must enter their names(block) on the “social board.”
7. Players should not enter other players’ names(block) onto the social board.
8. This social board, which is stacked from the last players played and may include any new player wishing to play is used to select a balanced foursome to play.
9. The purpose of the name block system is to aid the Duty Member in selecting a new foursome, which allows player rotation, as well as choice of players of similar strength, etc. where possible.
10. Upon arrival, players who wish to play social tennis should enter their own name block into the selection Shute on the social board or notify the Duty Member of their intentions to play.
11. The Social Duty Member will then select a foursome and assign a court to play in the spirit of creating an enjoyable game.
12. The process is repeated when the next foursome(s) is selected.
13. If any players are not selected, then they will play in the next game joined by those who have completed a set and opted to play again.
14. In the true sense of Social Tennis, it is intended that players play in different foursomes, selected on multiple criteria at the discretion of the Duty Member, including avoiding the same players playing together throughout the social period.
15. During social hours players will play one short set of doubles only (estimated set duration 30-35 minutes). There is no tie-break if the set ends at 6-5. Players must leave the court after one set to make the court available for the next foursome and/or after the Duty Member has considered it necessary to call last game, to balance the new foursome games to be played concurrently.
16. Players may then re-enter their names on the Social Board if they wish to continue playing.
17. If a player chooses to ‘sit out’ for a period during social hours, he/she must remove their name from the board and only re-enter when he/she is ready to play again. If they decline to play when it is their turn, then they must be removed from the board or held over to the next game allocation.
18. There is to be no singles played during social tennis unless they are waiting to form a foursome or during scheduled Singles Social Play.
19. If two people go onto a court to knock, their names must remain on the social board. When two more people arrive or become free, they will join the pair having a knock or wait for the foursome sets to complete their game and be assigned a game.
20. For clarity purposes, those courts not distributed as Social Play Courts can be used for either singles or doubles and are available to members to book as normal.
21. Player’s pre-booking the Social Tennis courts prior to Social Tennis must vacate the courts when Social Tennis is due to start.
22. Social players who turn up early can start a warmup session if required, however when called for social tennis to start, these players will join the arranged social order of play.
23. All Club Members should follow Social Play rules. Whilst verbal warnings may be issued by the Duty Member (generally a committee member) to players not following these rules, the Committee reserves the right to take any steps and action needed to ensure that social play is met in the best interest of the attending players.

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Social Tennis Activities

1. Generally held on Saturday afternoons from 14h00 to +-16h30 (arranged social)
2. Players wanting to play social tennis should arrive in advance of the start-time to ensure they are included from the start of play.
3. Players arriving late will have to wait until such time as they fit into the next session of arranged set play. Sets already arranged will not be adjusted for late comers.
4. After the final set for the day is called by the Duty Member, social players may self-arrange further play, as needed.
5. Organised Social Tennis by the Committee is suspended, during league periods, tournaments, club championships, and public holidays. Courts, however, are still assigned to Social Play, and therefore social players can self-arrange games as needed.
6. A Social Duty Member will arrange order of play during the allotted times, and it is required that the players respect the Duty Member decisions.
7. Half-Way during the Social play period a tea break may be called for 15 minutes. Social play will resume thereafter.
8. Players wishing to stop playing should remove their block in advance and/or inform the Duty Member, so that the player is excluded from being allocated in another foursome game.
9. Six Courts are booked and reserved for Social Saturday play from 13h00 – 18h00 (except during Saturday League and any other scheduled Tournaments).
10. Members who wish to help and volunteer with Saturday Social duties as a Duty Member can make an application to the Committee Social Co-Ordinator, for inclusion on the roster system.