



Member Handbook

Constantia Sports Centre
Constantia Main Road
Constantia
Cape Town

Postal address

PO Box 103
Constantia
7848
021 794 4295

Your CTC Tennis Committee

Committee members 2020-2021	
Darryn Kuter	Chairman
Ray Stuart-Steer	Vice-chairman
Oliver Hoffman	Treasurer
Ingrid Aronson	Secretary
Mike Pilot	Club Captain
Ashleigh Vergunst	Match secretary (Ladies)
Hugo Steyn	Match Secretary (Men's)
Chris Potterton	Tennis school and League
Patty Blignaut	Ladies Morning League Chairlady



YOUR Tennis Club

Congratulations on becoming a member of **The Constantia Tennis Club**. The location is unmatched, in the beautiful Constantia Valley, in the southern suburbs of Cape Town. Enjoy the spectacular setting, camaraderie, fun, social and competitive tennis. We have a great venue, nine excellent hard courts, and tennis programs for all ages. We promise you will enjoy your tennis, and please join us later for a sundowner in our friendly licensed bar.

Mission

Constantia Tennis Club is here to provide a happy atmosphere for all members to enjoy the playing of tennis. It welcomes players of all ages and from all sections of the community. It provides competitive tennis and encourages the involvement of all members as well as embracing the greater community including schools, sporting bodies, businesses and tourist outlets. It caters for morning and afternoon play and is linked to the wider tennis community of South Africa. It welcomes new members and encourages coaching at all levels. It provides entertainment and friendship for all its members with excellent facilities and administration.

Playing times and clubhouse hours

With a court key, obtainable from Tembi at the club house at a cost of R50, members can play at any time. The busiest times are Tuesday-Thursday from 4 pm until dusk, and Saturday social from 2 pm until dusk. Whenever the courts are full, doubles takes preference. League competition takes place Saturday afternoons during league season (but social tennis continues for the rest of the members). The clubhouse is open on Tuesdays, Wednesdays, Thursdays and Saturdays from 9 am until pub closing.

Social tennis

We encourage you, as soon as possible and no matter your standard of play, to come to our Saturday Socials which run every Saturday from 14h00 to around 17h00. This is the best way to meet other members and for us to get to know you.

League Tennis

Men's/Ladies/Mixed Saturday League

Constantia Tennis Club has the one of the largest membership bases in the Western Cape and we usually submit the highest number of teams to play in the League.

League is a great way to improve your level of play and we encourage you to put your name forward for one of our teams, even if as a replacement. Our coaches, under the Tim Armstrong School of Tennis, have an excellent reputation and are sure to help you iron out your game if you require.

CTC as a club participates in the Western Province Tennis league, involving some 30 different clubs.

The singles and doubles league for men's and ladies starts in September each year and runs for an 8-10-week period.

The mixed doubles and doubles league begins in February each year, also for an 8-10-week period.

CTC enters and organises several teams in these leagues. Teams cater for A, B, and C level players, and CTC competes in levels from Premier League to various competitive levels of league structures for Western Province Tennis.

New members who wish to participate must please contact admin@constantiatennisclub.co.za

Ladies' Morning League

The Ladies' Morning League tennis section is perfect for ladies who enjoy playing morning tennis during the week. Ladies play on Tuesday and Thursday mornings from approximately 9am to 11am. Our league season runs from February-May and August-November. We currently have about 50 ladies playing. The tennis is competitive and fun.

Juniors

The club has a strong junior section, which is actively supported by our professional coaches. The Junior Section has its own tennis structures, and of course as juniors improve, they are gradually integrated into the Senior Section. For playing times, please contact Chris Potterton (Junior Tennis Coordinator), at (mobile) 082 403 1916. For instruction, see "Coaching," below.

Veterans

Many CTC members are regular players in the Cape Town Tennis veterans' tournaments. See www.cttennis.co.za to register as a CTT Tennis player, or contact CTT Tennis headquarters, at 021 686 3055. CTT (Cape Town Tennis) sponsors two tournaments a year, in January and May.

Visitors

Non-members may play provided they register and have paid a R50 visitors' fee each. Members who invite a visitor are responsible to collect the R50 visitors' fee. We do however limit the number of visits to three for any individual visitor before we request that the visitor joins the club as a full member.

Lights

There are two courts under lights. You may play on these courts, provided booking procedures are followed. The cost is R50 per hour per court.

Court Keys

One key fits all our courts. For a deposit of R50, you will be issued with a key which will allow you to play at any time. We do request that you lock the court again when you leave.



Payment methods

Cash and electronic payments are accepted. Please refer to relevant signage at the club house entrance

Balls

The club supplies new balls for our league matches played in season. These balls must be returned along with scoresheets to the bar after play. At Saturday afternoon social tennis a can of new balls is supplied per court occupied.



Members are requested to provide their own balls for any other play. The club does not lend out balls at all, but good second-hand balls can be purchased from the bar at R40 per tin. New balls are also available for purchase.

Pub and treats

The club has a fully licensed cash bar.

Wines, liquors, soft drinks, sports drinks and snacks are served.

- Snacks and tea are available for Ladies Morning League and Saturday afternoon social or league.
- We also have braais and functions at the club house and all members are welcome.



Club rules

Check your tennis shoes are non-marking on the court

Visitor's fees are to be paid to the club.

Litter is to be removed from the court after playing.

No dogs allowed on the tennis courts.

Use only your booked court number.

Court is to be vacated on time at end of booking session when next booked members are waiting.

Switch floodlights off after use.

Respect fellow members and ensure ethical play

CTC complies with TSA and any Government regulations, regarding COVID protocols. Please familiarize yourself with our rules posted on the website and Notice Boards.

Court reservation procedure

You are required to book a court in order to play for an hour and a half. Please visit <https://constantiatennisclub.openactive.co.za/register/> and click on the court booking option to reserve a court. The web page is also smartphone friendly and therefore you may also book from your smartphone. Booking for the week opens one week ahead. User name is your email address and the password is "booking"

Coaching

The club strongly supports coaching for all members and particularly for junior players. We have an agreement with Chris Potterton who runs the junior group coaching and also the club's Junior Section.

Our junior coaching runs for a 9-week cycle during the school terms. Fees are available on request.

Ladies group coaching is available in the mornings as well as private lessons.

We have integrated our juniors into the Western Province Tennis mixed league which encourages our juniors to improve their games and gives them the wonderful experience of playing competitively with adults.

For more information, call Chris Potterton, at (mobile) 082 403 916.

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